

How Do I Decide When to Return to the Building?

The following list of questions will help you decide when it is best for you and your family to return to in-person worship and other activities at the church building. Thank you for doing everything you can to keep our Hillsboro Family safe and healthy!

1. Have I been in close contact with a confirmed case of COVID-19 in the last 14 days?*

If yes, then we ask that you stay home and join us via Live Stream Worship.

*For healthcare workers or caregivers wearing appropriate PPE at all times, this does not apply.

2. Have I had symptoms of COVID-19, including cough, shortness of breath, fever, loss of taste or smell, sore throat, or diarrhea? If yes, then we ask you to stay home and join us via Live Stream Worship until you are ten days past the onset of symptoms, feeling better, and are at least 72 hours fever free without the aid of fever-reducing medications.

3. Has anyone in my family experienced any of the above symptoms? If yes, then we ask that the entire family to stay home and join us via Live Stream Worship until everyone is ten days past the onset of symptoms, feeling better, and at least 72 hours fever free without the aid of fever-reducing medications.

4. Have I tested positive for COVID-19? If yes, then we ask you to stay home and join us via Live Stream Worship until you are ten days past the onset of symptoms, feeling better, and are at least 72 hours fever free without the aid of fever-reducing medications.

5. Have I tested negative for COVID-19? It is important to note that a single negative test is not adequate to rule out COVID-19. For those with suspected COVID-19 pursuing a test-based strategy, the CDC currently recommends that the individual be fever free, have improving symptoms, and have two negative COVID-19 tests obtained at least 24 hours apart before breaking isolation. If all of these criteria have been met, then we welcome you back to worship at Hillsboro.

6. Am I willing to follow all the new practices that will be in place at the church building?

If no, we ask that you consider joining us via Live Stream Worship for the time being.

Hillsboro wants to ensure that all our church family have the safest possible in-person worship service experience, and so we will ask everyone to follow all new practices at all times while in the church building. While we understand that our new practices at the building may seem inconvenient, we thank you for doing everything you can to show brotherly love and care for all of those who will worship in-person with us.



The following recommendations are intended to convey who is particularly at risk for complications or serious illness related to COVID-19. Please note that COVID-19 can result in serious illness in any age group and in the absence of long-term medical conditions. However, certain medical conditions and advanced age lead to increased risk of serious illness.

- 1. Am I in an at-risk category for COVID-19 due to my age?** COVID-19 causes serious illness in people with advanced age at a much higher rate than those at a younger age. This increase risk of serious illness is particularly apparent for those aged 65 and above.

- 2. Am I in an at-risk category due to a particular health concern, an immunocompromised status, or a combination of possible factors?** Conditions that increase the risk of serious or life-threatening illness include, but are not limited to:
 - a. Hypertension/high blood pressure**
 - b. Heart disease such as congestive heart failure or coronary artery disease**
 - c. Lung disease such as asthma or COPD**
 - d. Chronic liver or kidney disease**
 - e. Diabetes**
 - f. Use of immunosuppressing medications such as steroids, chemotherapy, or medicines used to treat autoimmune disorders**

If you are in any at-risk category, we strongly recommend that you join us via live stream worship for the time being. Your healthy and safety are of paramount importance.